

NOTES FROM ICCER

It's the end of summer already! I hope you've all had time to relax and enjoy it. I never get enough time to spend in my garden, but the heat and rain we've had have really made the plants lush. Labour Day weekend will be the last real chance to revel in the yard.

Emily and I have spent the summer planning our fall education program. We will have a very busy, but exciting, few months! We hope to see you at our Networking Events in October and videoconference session in November (*more information coming soon!*). We are already planning for Responsive Behaviours Symposium VII for February 2019. Watch for more details in future months!

Sandra Woodhead Lyons, PHEc Executive Director, ICCER

MEET OUR MEMBERS



ICCER is pleased to introduce one of our newest Steering Committee members, Hannah O'Rourke (RN, PhD). Hannah holds a Faculty of Nursing Professorship in Dementia Care Interventions at the University of Alberta, and has a New Investigator Award from the Alzheimer Society.

What has surprised you most about working with ICCER?

I've been surprised by how much can get done when the partnerships are right, and how good ICCER members are at facilitating development of these partnerships: innovative, practical solutions can come when you have the right people talking about the right problems at the right time.

What would you tell someone who is thinking about joining ICCER?

ICCER provides wonderful opportunities to link with key players in the continuing care system, moving ideas into action to improve care of older adults.

Tell us a little about yourself. How did you come to where you are today?

As a Registered Nurse, I gravitated towards care of older adults, and specifically, persons with dementia. From my first placement as a nursing student, I loved to try to find ways to connect with older adults who were cognitively impaired. My work now continues this passion, but on a larger scale: I try to find and test innovative, effective approaches to promote people with dementia to feel connected to others, and better about their quality of life.

What are your favourite activities to do outside of work?

Spending time with my family is my favourite thing to do. We really like to travel to the west coast, camp, and enjoy the beach and trails.

Individuals not associated with an ICCER member organization can join the ICCER network for \$150/year!

If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits! Individual memberships run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our <u>automated payment system</u>.

Click here for more details on what's included in an individual membership!

UPCOMING ICCER EVENTS

ICCER Networking Events

ICCER Networking Events provide an opportunity for different stakeholders to learn, discuss, and meet new colleagues. In October we will be discussing "Ethical Dilemmas in Continuing Care."

Note: These events are open to all! There is no charge for staff, residents, family members, students, or faculty members of ICCER member organizations, or individual ICCER members. A cost of \$50 is required for non-members to attend.

- October 9, 2018 at 2:00—5:00 PM at Carewest Dr. Vernon Fanning Centre (722 16 Ave NE, Calgary, AB)
- October 15, 2018 at 9:00 AM—12:00 PM at Edmonton Clinic Health Academy (11405 87 Ave NW, Edmonton, AB)

ICCER members are also invited to attend a tour of the Health Sciences Education & Research Commons Smart Condo before the Networking Event, beginning at 8:00 AM. This is a great opportunity for members to share new or interesting aspects of their work and how they contribute to best care and quality of life in continuing care.

Note: The tour is only open to organizational and individual members of ICCER!

Collaborative Practice Discussions

The October Collaborative Practice Discussions are coming soon! The discussions will focus on "Supporting Staff in Abusive & Distressing Situations."

What happens when a family member shouts at an HCA? How do you handle a resident who strikes out at a staff member? What do you do when two staff members don't get along? There can be many different situations that cause distress and aguish for continuing care providers. Come prepared to talk about how your organization deals with them.

Do you have policies, procedures? Share them with your ICCER colleagues! Does your organization need to revise or update your policies? Come and ask your ICCER colleagues how they can help!

- October 3, 2018 at 1:00—4:00 PM at Lifestyle Options Whitemud (4069—106 Street, Edmonton, AB)
- October 10, 2018 at 9:00 AM—12:00 PM at Bethany Care Society (1001 17 At NW Calgary, AB)

We are also excited to provide members with opportunities for innovation sharing between organizations! Participants are invited to attend a tour of the Butterfly Home at Lifestyle Options Whitemud before the Collaborative Practice Discussion in Edmonton, and a coffee meet & greet in the Bethany Calgary Atrium before the discussions on October 10th!

Note: Collaborative Practice Discussions are only open to ICCER member organizations!

SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events **click on the link** to be added to our distribution list!

Click here to subscribe!

OTHER EVENTS OF INTEREST

- October 16, 2018 (Edmonton, AB) CapitalCare Grandview is hosting <u>Engagement for Success: Recreation Therapy Assistant Workshop</u>, a day dedicated to the RTA's focused on meaningful engagement through Recreation and Leisure.
- October 18-20, 2018 (Vancouver, BC) CAG 2018—<u>Making it Matter: Mobilizing Aging Research, Practice & Policy</u>.

Sharla King, Steven Friesen, Emily Dymchuk and Sandra Woodhead Lyons had their abstract (*Building Family/Resident Engagement in Alberta*) accepted for the CAG Conference. If you're going, be sure to attend the Living and Working in Long Term Care session on Friday, October 19th at 8:00 AM.

- October 19, 2018 (Edmonton, AB) NorQuest College <u>Health Care Aide Conference</u> is a professional development day that focuses on *Prepared to Care: Exploring Dementia Care*.
- October 23-24, 2018 (Red Deer, AB) ACCA IQ Conference: <u>What's In a Number?</u> This year's conference will
 feature an excellent program with a trade show of over 70 exhibitors. The IQ Conference is beneficial to those
 who work with adults and seniors in the community, supportive living and long-term care.
- November 17, 2018 (Waterloo, ON) Music Care Conference 2018: Music, Aging and Wellness

Keynote speakers include Dr. Gary Ansdell, Music Therapy Practitioner and Scholar, Nordoff Robbins and Exeter University, UK; Dr. Andrea Creech, Canada Research Chair in Music in the Community, Laval University, Quebec City; and Ian Thomas, Canadian Singer/Songwriter and Juno Award winner.

JOIN OUR COMMUNITY OF PRACTICE

Music Care CoP

To help ICCER members become more aware of the music care options and resources available to them, we created a Community of Practice (CoP). **All ICCER members are welcome to participate in the CoP!**

Staff who are interested and willing to participate, please contact Emily Dymchuk (emily@iccer.ca).

The next Music Care CoP meeting will be held via teleconference on September 11, 2018.



DATES TO REMEMBER IN SEPTEMBER

- **September 9th** is Grandparents' Day. Grandparents' Day has been officially recognized in Canada since 1995, after it was submitted in the House of Commons by Mr. Sarkis Assadourian. The government designated the second Sunday in September to be Grandparents' Day to recognize the importance of grandparents to the structure of every family and in the nurturing, upbringing and education of children, when both parents have to work hard for economic reasons.
- September 17-23 is <u>Science Literacy Week</u> (SLW), a national week-long celebration of science that highlights outstanding scientists and science communicators from coast-tocoast.



DATES TO REMEMBER IN SEPTEMBER CONT'D

 On September 20th Alzheimer Coffee Break starts in Canada and continues throughout the month and into October. <u>Find out how to host a Coffee Break here!</u>



• September is World Alzheimer's Month and September 21st is World Alzheimer's Day.

SUBSCRIBE TO THE ICCER NEWSLETTER!

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Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily (emily@iccer.ca).



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