



NOTES FROM ICCER

October 1st marks 10 years since ICCER opened its doors. We've grown from the four original founding members to an enthusiastic group of 17 organizational members. Plus, we now have a growing number of individual ICCER members! Come congratulate us on our important anniversary at one of our exciting fall events! See page 2 for more details.

In addition to the events we're hosting, ICCER will be attending the 2018 CAG Conference where we will present "Building Family/Resident Engagement in Alberta." ICCER was also accepted to present "A Framework to Support Family/Resident Engagement" at the ACCA IQ 2018 Conference in Red Deer.

Sandra Woodhead Lyons, PHEc
Executive Director, ICCER

MEET OUR MEMBERS



This month we are featuring one of our newest Steering Committee members, Jeanne Weis. Jeanne (MN, BN, RN, CHPCA (c)) is an Executive Officer with the College of Licensed Practical Nurses of Alberta.

What do you find most challenging about working in continuing care?

Health care workers are caring for a population with complex needs, so the knowledge and care that is required is extensive and broad. To ensure we are providing patient-centred care and attending to needs holistically, there needs to be adequate resource commitment allocation from the system, academic, clinical, and community levels to support these needs. Commitment to invest in academic preparation and continued investment to support continuity of best practice that is patient-centred is a wonderful start.

Tell us a little about yourself. How did you come to where you are today?

I was first introduced into a caring role when my mother became terminally ill when I was still a teen. I cared for her along with my family, learning through every moment about caring, life, love, and death. I had incredible support from the nursing team that my mother worked with (she was also a nurse), as they built a rotating schedule to support us, and it's this nursing team that encouraged me to explore nursing and health as a field of study. The journey has led me to work in various nursing-related capacities throughout my career, starting as an NA/HCA in gerontology, then an LPN in cardiovascular surgery, acute care, and tertiary palliative care, and then as an RN. As an RN, I worked in various capacities: clinically and management in palliative care, community and oncology, in research and clinical trials, as nursing faculty and academic leadership, and my current role as Executive Officer in nursing regulation. Throughout the steps of my journey so far, I have been privileged to wear many shoes and understand first-hand many of the healthcare roles within our system as well as the challenges, opportunities, and strengths that go along with them.

What are your favourite activities to do outside of work?

I spend time with my family, with golfing being the latest past-time, and stained glass as a new area of exploration.

Individuals not associated with an ICCER member organization can join the ICCER network for \$150/year!

If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits! Individual memberships run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

[Click here for more details on what's included in an individual membership!](#)

REGISTER NOW!

ICCER Networking Events

ICCER Networking Events provide an opportunity for different stakeholders to learn, discuss, and meet new colleagues. In October we will be discussing "Ethical Dilemmas in Continuing Care." In Calgary, we will have presentations by Donna Devlin (Educational Consultant, Geriatric Mental Health, AHS) and Gary Lepine (Clinical Ethicist, AHS) speaking about "SEXcessful Aging in LTC" and the use of cannabis in continuing care. In Edmonton, Shaniff Esmail (Professor, Associate Chair, Dept. Occupational Therapy, University of Alberta) and Gary Lepine will discuss healthy sexual expression and cannabis use in continuing care settings.



ICCER members are also invited to attend a tour of the Health Sciences Education & Research Commons Smart Condo before the Networking Event, beginning at 8:00 AM. This is a great opportunity for members to share new or interesting aspects of their work and how they contribute to best care and quality of life in continuing care.

Note: The tour is only open to organizational and individual members of ICCER!

Note: These events are open to all! There is no charge for staff, residents, family members, students, or faculty members of ICCER member organizations, or individual ICCER members. A cost of \$50 is required for non-members to attend.

- **October 9, 2018 at 2:00—5:00 PM at Carewest Dr. Vernon Fanning Centre** (722 16 Ave NE, Calgary, AB) - [Click here to register!](#)
- **October 15, 2018 at 9:00 AM—12:00 PM at Edmonton Clinic Health Academy** (11405 87 Ave NW, Edmonton, AB) - **NOTE: Registration is now full for this event!** [Click here to read more!](#)

SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, [click on the link](#) to be added to our distribution list!

[Click here to subscribe!](#)

Collaborative Practice Discussions

The October Collaborative Practice Discussions will focus on "Supporting Staff in Abusive Situations."

What happens when a family member shouts at an HCA? How do you handle a resident who strikes out at a staff member? What do you do when two staff members don't get along? There can be many different situations that cause distress and anguish for continuing care providers. Come prepared to talk about how your organization deals with them.

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REGISTER NOW! CONT'D

Collaborative Practice Discussions

Do you have policies, procedures? Share them with your ICCER colleagues!

Does your organization need to revise or update your policies? Come and ask your ICCER colleagues how they can help!

- October 2, 2018 at 1:00—4:00 PM at Lifestyle Options Whitemud (4069—106 Street, Edmonton, AB)
- October 10, 2018 at 9:00 AM—12:00 PM at Bethany Care Society (1001 17 At NW Calgary, AB)

Note: Collaborative Practice Discussions are only open to staff, faculty, and students of ICCER member organizations!

If you are interested in attending the Collaborative Practice Discussions, please contact Emily Dymchuk at emily@iccer.ca or 780-248-5634.

We are also excited to provide members with opportunities for innovation sharing between organizations! Participants are invited to attend a tour of the Butterfly Home at Lifestyle Options Whitemud before the Collaborative Practice Discussion in Edmonton, and a coffee meet & greet in the Bethany Calgary Atrium before the discussions on October 10th!

SAVE THE DATE!

On **November 14, 2018**, ICCER will be hosting an education event focusing on “Issues in Palliative & End of Life Care in Continuing Care.” Our speakers for the day include Katherine Duthie (Clinical Ethicist, North Zone, AHS), Brenda Slobozian (Clinical Educator, Bethany Care Society), Sandra Cook Wright (Sarcee Hospice Educator, Pain and Palliative Consultant), Dr. Douglas Faulder (Medical Director, Continuing Care, Edmonton Zone, AHS), and Colleen Torgunrud (Clinical Ethicist, AHS). They will be presenting on a variety of topics related to the ethical perspectives of palliative and end of life care, competencies and training for end of life care, as well as exploring your values around Medical Assistance in Dying (MAID).

There will be main sites in both Edmonton and Calgary, with availability to join via videoconference across the province, and across Canada. **Watch for more information next month!**

DATES TO REMEMBER IN OCTOBER

- October is National Occupational Therapy month in Canada.
- **October 1st** is International Day for Older Persons. The United Nations International Day for Older Persons (UNIDOP) theme for 2018 is [“Celebrating Older Human Rights Champions.”](#)
- **October 10th** is World Mental Health Day. While the theme for 2018 is [“Young People and Mental Health in a Changing World,”](#) it can still apply to the continuing care sector. Remember—care workers, regardless of age, need help to build mental resilience from early on to help prevent mental distress and illness.
- **October 13th** is [World Hospice and Palliative Care Day](#)—A unified day of action to celebrate and support hospice and palliative care around the world.

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JOIN OUR COMMUNITY OF PRACTICE

Music Care CoP

To help ICCER members become more aware of the music care options and resources available to them, we created a Community of Practice (CoP). **All ICCER members are welcome to participate in the CoP!**

Staff who are interested and willing to participate, please contact Emily Dymchuk (emily@iccer.ca).

The next Music Care CoP meeting will be held via teleconference in December 2018.

INTERESTING RESOURCES

In order to get everyone in the mood for our upcoming November event, here are some articles that might be of interest:

- Moorhouse, P., & Mallery, L. H. (2012). Palliative and therapeutic harmonization: A model for appropriate decision-making in frail older adults. *Journal of the American Geriatrics Society*, 60(12). <https://doi.org/10.1111/j.1532-5415.2012.04210.x>
- Mallery, L., & Moorhouse, P. (2014). Palliative and therapeutic harmonization. *Healthcare Management Forum*, 27(1), 37-40. <https://doi.org/10.1016/j.hcmf.2013.12.005>
- Hawley, P. (January 2015). The bow tie model of the 21st century palliative care. Retrieved from: http://www.virtualhospice.ca/en_US/Main+Site+Navigation/Home/For+Professionals/For+Professionals/The+Exchange/Current/The+Bow+Tie+Model+of+21st+Century+Palliative+Care.aspx
- The Canadian Hospice Palliative Care Association—[A palliative approach: Treating the person, not just their illness](#)

Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily (emily@iccer.ca).

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Institute for Continuing Care Education and Research
4-023 Edmonton Clinic Health Academy
11405 87 Ave, Edmonton, Alberta T6G 1C9
Canada

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