



NOTES FROM ICCER

This month Emily and I were focused on our Responsive Behaviours 2018 session with Kim Barthel. Emily and I hosted our main Edmonton sites (Yes, sites—we had such a positive response we added a second room here in Edmonton Clinic Health Academy!). I had hoped to be in Calgary with Kim, but it is winter in Alberta! Weather and road conditions prevented me from going down to Calgary. Thank you to Steve Friesen from Bethany Care Society for stepping in to host at South Health Campus in Calgary for us!

Responsive Behaviours 2018 was ICCER's sixth major event targeting responsive behaviours. The first was held in November 2012. Unfortunately behaviours are still an area where ongoing education and support are needed.

March 1st will be the ICCER Steering Committee's 2018/19 planning session. The Steering Committee will be discussing ICCER's key priorities for the upcoming year and beyond. 2018/19 is a significant year for ICCER—on October 1st we will reach the 10 year milestone!

Sandra Woodhead Lyons, PHEc
Executive Director, ICCER

Individual ICCER memberships can be purchased/renewed as of February 1, 2018 for the 2018-19 year! Individuals not associated with an ICCER member organization can join the ICCER network for \$150/year. If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits!

Individual memberships will run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

[Click here for more details on what's included in an individual membership!](#)

OUT & ABOUT WITH ICCER

On February 15th, ICCER and the Complex Needs Initiative hosted Responsive Behaviours Symposium 2018, *Becoming a Behavioural Detective: Supporting Complex Needs in Elder Care*. Our speaker for the day was Kim Barthel, OTR. Kim presented to a full house at South Health Campus in Calgary. In total we had over 40 videoconference sites registered from across Alberta and as far east as St. John, New Brunswick. Alberta Health Services encountered a few technical glitches before we could start, but overall it was a very positive day. We look forward to seeing you at Responsive Behaviours Symposium 2019!



Note: If staff who attended the Symposium on Feb. 15 require a certificate of attendance for professional development purposes, please email Emily Dymchuk (emily@iccer.ca).

UPCOMING EVENTS

ICCER Networking Events—Registration opening soon!

ICCER will be hosting Networking Events in Edmonton on April 4th and Calgary on April 16th. Our speakers will be Megan Strickfaden (Associate Professor, Department of Human Ecology, University of Alberta) and Jacquie Eales (Research Manager, RAPP).

Living Spaces: Policy Supports & Barriers in Alberta will examine the policy supports and barriers that drive the design and operation of continuing care spaces within Alberta. This presentation is a result of research accomplished towards better understanding the relationship between people's lived experiences and policies that drive the design of living spaces. Discussion will include how the lived experiences of residents is disconnected from policy instruments, illuminating the policy barriers and the interpretations of policy instruments linked to design outcomes.

- April 4, 2018 @ 9:00 AM—12:00 PM at Edmonton Clinic Health Academy
- April 16, 2018 @ 2:00—5:00 PM at Bow Valley College

Note: ICCER Networking Events are FREE for ICCER members. The cost is \$50/person for non-members to attend.

SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, **click on the link** to be added to our distribution list!

[Click here to subscribe!](#)

REGISTER NOW!

Walk with Me: Changing the Culture of Aging in Canada brings together older adults/residents, care partners, educators, policy makers, students and researchers from all over the country to learn about how to enhance the journey of aging across the continuum of care and community living. The conference will be held on **March 5-6, 2018** in **Niagara Falls, ON**. The 3 keynote speakers include Ashton Applewhite, Anti-ageism Activist, Author of "This Chair Rocks" and a TED2017 mainstage speaker; Dr. Emi Kiyota, Founder and President of Ibasho, a consultant to numerous age-friendly design projects in the USA, Europe, Asia and Africa; and Neil Pasricha, a Harvard MDA, *New York Times* bestselling author, award-winning blogger and one of the most popular TED speakers in the world.

[Click here to register!](#)

SAVE THE DATE!

Early Onset Dementia Foundation's Building Dementia Awareness Conference is being held on **October 4-6, 2018** at the **Double Tree by Hilton Hotel, West Edmonton**. Speakers include Teepa Snow and David Sheard.

[Click here to check out their Facebook page!](#)

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JOIN OUR COMMUNITY OF PRACTICE

Music Care CoP

To help ICCER members become more aware of the music care options and resources available to them, we created a Community of Practice (CoP).

All ICCER members are welcome to participate in the CoP! Staff who are interested and willing to participate, please contact Emily Dymchuk (emily@iccer.ca).

The next Music Care CoP meeting will be held via teleconference on March 13, 2018.

INTERESTING RESOURCES

March is **Fraud Prevention Month**. While any of us can fall victim to fraud, our seniors are particularly vulnerable. Here are some resources to help you, and to help you help your residents and clients:

- [Fraud prevention—The Competition Bureau](#)
- [Alberta Community Crime Prevention Association](#)

Sometimes fraud against seniors is financial. Here are some resources that can help:

- [Financial Abuse of Seniors](#)
- [What every older Canadian should know about Financial Abuse](#)

March is also **National Nutrition Month**. This year's theme in Canada is "Unlock the Potential of Food," a theme that resonates well in continuing care!

- Keller, H. H., Carrier, N., Slaughter, S., Lengyel, C., Steele, C. M., Duizer, L., ... Villalon, L. (2017). [Making the most of mealtimes \(M3\): Protocol of a multi-centre cross-sectional study of food intake and its determinants in older adults living in long term care homes](#). *BMC Geriatrics*, 17(15). doi:10.1186/s12877-016-0401-4
- Vucea, V., Keller, H. H., Morrison, J. M., Duncan, A. M., Duzier, L. M., Carrier, N., ... Slaughter, S. E. (2017). [Nutritional quality of regular and pureed menus in Canadian long term care homes: An analysis of the Making the Most of Mealtimes \(M3\) project](#). *BMC Nutrition*, 3(80).
- [Nutri-eSCREEN Eating Habits survey](#) for older adults. This questionnaire will help you find out how you are doing with choosing foods that help you stay healthy and active.
- [4 Types of Foods to Help Boost your Memory](#) by Marissa Moore, MBA, RDN, LD

Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily (emily@iccer.ca).



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