



Addressing Responsive Behaviours in the Alberta Context

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Where did we start?

Dealing with Challenging or Responsive Behaviours was identified as a top issue facing continuing care providers and others in Alberta through a variety of sources:

- Alberta Health & Alberta Health Services (Seniors Health Strategic Clinical Network)
- ICCER – and its Community Needs Driven Research Network
- Behavioural Supports Alberta



Responsive Behaviours

4 main causes of responsive behaviours, each with their own and sometimes overlapping challenges:

1. Neurodegenerative diseases (e.g. dementia)
2. Developmental disabilities
3. Mental health conditions
4. Addictions



Where have we been?

- While each organization has its own priorities, we work collaboratively to support initiatives and increase the capacity of each organization to meet the priorities
- Membership or participation within each organization overlaps to increase synergies



Where are we going?

The three organizations are collaborating to move an agenda forward:

1. Better manage behaviours in continuing care
2. Increase the capacity of all caregivers (paid and unpaid) to deal with responsive behaviours
3. Provide resources for caregivers who deal with responsive behaviours
4. Modify organizational cultures to allow for more person-centred care



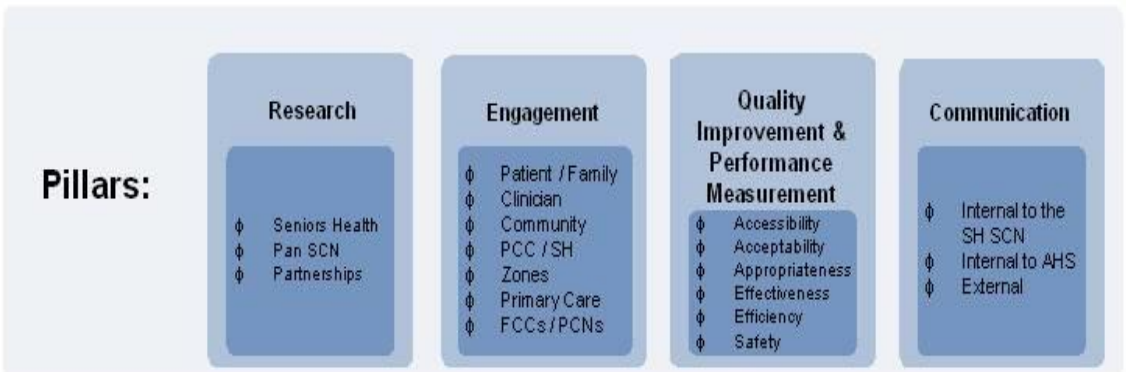
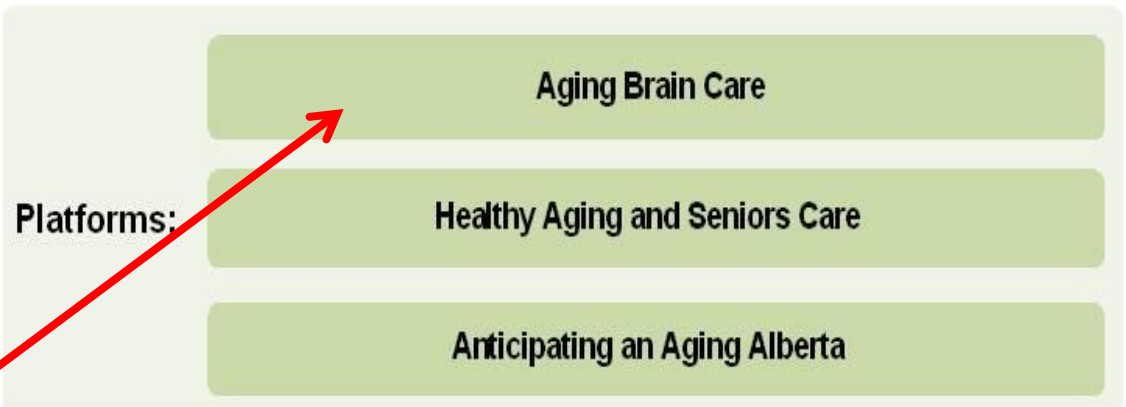
Seniors Health

Strategic Clinical
Network

**Appropriate Use
of Antipsychotics
(AUA) project**

Seniors Health SCN Platforms and Pillars for Success September 2013

Mission: To make improvements to health care services and practices that enable Alberta's seniors to optimize their health, well-being, and independence



Phase 1: Creating the Ingredients for Success

- Developed Appropriate Use of Antipsychotics **Guideline**
 - Based on work done in British Columbia (2012)
 - Adapted by group of Alberta expert clinicians in dementia
 - Posted on the AHS web-page
- Developed a **Toolkit of Resources** to help team with Antipsychotic medication reviews and person-centred dementia care approaches
 - <http://www.albertahealthservices.ca/auatoolkit.asp>

AUA Toolkit

- AUA Toolkit
- Back to Seniors Health SCI

Phase 2: Proof of Concept

11 Early Adopter Units

June 2013 – March 2014

- Learning Workshops x 3 days
- Scorecards with measures
- Monthly medication reviews
- Education

RESULTS: reduced use of antipsychotics by 50% over 9 months



- Care Planning for Responsive Behaviours
- Prescribing Antipsychotic Medication
- Medication Review Requirements of Antipsychotics

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'There's joy again'



Fewer dementia patients using antipsychotic medications. [Read the story, watch the video...](#)

For more success stories:

- [September 2014](#)
- [April 2014](#)
- [December 2013](#)
- [September 2013](#)

Contact Us

For further information:
AUA@albertahealthservices.ca



Phase 3 – AUA Provincial Spread

- Now working to share these resources with all 170 sites in Alberta over the next two years.
- Working collaboratively with Behaviour Supports Alberta (BSA) and ICCER on:
 - collecting data for the Toolkit
 - education initiatives
 - research projects



Institute for Continuing Care Education and Research (ICCER)

A collaborative network of post-secondary institutions and continuing care providers.



To improve continuing care by encouraging research, translating knowledge into better practice, enhancing education, and informing policy.



Institute for Continuing Care Education and Research (ICCER)

- Encourage and support research into managing responsive behaviours
- Provide and support learning opportunities for care providers and for organizations



Contact us

- For further information go to our website www.iccer.ca
- And follow us on twitter, Facebook, and LinkedIn.
- https://twitter.com/ICCER_AB
- <http://tinyurl.com/p9eabah>—Group
- <http://tinyurl.com/oo6kjmd>—Company
- <http://tinyurl.com/oq7cz36>



Behavioural Supports Alberta (www.bsa.ualberta.ca)

- A newly forming **provincial network** – a community of practice, interest and research
- Includes service providers, caregivers, policy and decision makers, researchers, academics and key stakeholders interested in supporting those exhibiting challenging responsive behaviours (due to mental health conditions, addictions, cognitive impairment, developmental disabilities, brain injury and other neurological conditions), as well as those who support or offer care to them.



Behavioural Supports Alberta **(www.bsa.ualberta.ca)**

Aims to:

- **Enhance collaborations**
- **Network locally, provincially, nationally, and inter-nationally**
- **Maintain a lifespan approach**
- **Lead and support research**



Behavioural Supports Alberta

(www.bsa.ualberta.ca)

Activities:

- Symposia
- Monthly meetings for networking, exchange of information, planning of research activities, knowledge translation
- Research:

Currently funded:

- (1) Managing Responsive Aggressive Behaviours: Implementing and Evaluating a Capacity Building Process in Acute Care, Supportive Living, and Long Term Care
- (2) Human Services and Technology Project (Utilizing mobile information and communication technology to support service delivery to persons with developmental disabilities who have complex needs and concurrent disorders)

Awaiting approval:

- (1) Equipping Unregulated Workers to More Effectively Manage Responsive Behaviours
- Supporting student learning (IPE), evidence-based practice, and competencies to better manage responsive behaviours
 - Extensive local, provincial, national and international networking



For information

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