

Intergenerational Programming:

Student & Agency Perspective

Presented by:
Cameron Lafreniere
& Harley Hempel

Introductions

Harley Hempel, RecT



- Recreation Aide since 2011
- Graduated in April 2016 from the BARST program at the University of Alberta
- Practicing Recreation Therapist since April 2016
- Recreation Therapist & Director of Resident Therapies at Sherwood Care
- Guitar, and incessant “dad” jokes

Introductions

Cameron Lafreniere

- Linking Generations Student Volunteer
 - Silver Birch Lodge (2014-2016)
 - Sherwood Care (2016-2019)
- Recent graduate from Salisbury Composite High School (June 2019)
- Currently attending University of Alberta
 - Majoring in Economics through the Faculty Arts
 - Intend to transfer into Bachelor of Commerce program for my second year



Presentation Overview

- Testimonials
- Types of intergenerational programming
- Challenges
- Benefits
- Factors for success

Testimonials

- Resident
 - Halloween Community Event - *"I loved seeing all the cute costumes"*
 - Linking Generations - *Former teacher able to connect with students once again*
- Cameron Lafreniere as a student volunteer
 - "I originally joined the Linking Generations Program based on the referral of people close to me who had been involved in similar programs and also planned to be involved in it. Further, this opportunity to volunteer offered a chance to do something with a visible impact, and provided me with the opportunity to develop new connections with a number of people. Over the years I have done just this, meeting phenomenal people, learning so many things, and enjoying the new memories that had been made. This all while also experiencing significant personal growth, even factoring into a number opportunities even outside of the Linking Generations Program for me."

Intergenerational Programming: Types

Ongoing

- Preschool / Daycare
- Community Programs
 - Linking Generations
- School visits
- Volunteers

One-time

- Preschool / Daycare
- Clubs
- School Visits
- Sports Teams
- Special Events

Recognize and Address Challenges

- Dependent on program
- Commitment, frequency, reliability
- Interagency communication and planning
- Structuring activities, and conversation
- Student Support related to:
 - resident illness, physical decline, and death
- Staffing and allocation of resources
- Expenses and program funding

Benefits

- Development of intergenerational connections
- Promotion of community involvement and attitudes
- Personal growth, and impact for those involved
- Opportunities for students and volunteers
- Improved mood
- Improved social engagement
- Maintains seniors connections to the community
- Meaningful activity providing a sense of purpose

Make your program a SUCCESS!!

- Identifying the program type
- Program support:
 - Hosting Agency, visiting agency (“buy in”)
 - Students support
- Promotion and recruitment
- Commitment and participation
- Flexibility and Accomodation

Turn to someone next to you
and discuss...

Questions...

Thanks!!

Contact us:

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