



# The Magic of Music: Creating Moments that Unveil the Person Within

# How Did We Get Here?

The Impetus for change:

- Person Centred Model of Care was adopted
- Changing Resident Demographic
- Music is enjoyable and available to anyone no matter the ability
- Recreation vs Leisure - traditional programming required realignment
- Large musical entertainment events were not attended by the majority of residents and were largely passive

The goal of music care at CapitalCare is to promote musical enjoyment not ability and to develop the potential of each person involved



# Objectives of Music Care at CapitalCare

- Support the successful music programs in place.
- Identify strategies to enhance the musical engagement of residents.
- Support the development of music therapy.
- Collaborate, consult, create & teach.

# On-Site Development

Working with our centers to enhance the engagement of residents through music using our model of four pillars with each pillar describing an aspect of Music Care



# Music for Health - Music Therapy



# Music for Wellness



- Small group focus
- Supported by a music specialist
- Examples include choir, hand bells, drum group
- Lead by community or current staff with training



# Music for General Appeal

- Encompasses community music programs and volunteer musicians
- Designed to fit resident needs and interests





# Music for Memory Lane

