
Music Care: Current reality and future directions

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Overview

- Long term Care environment
- Music Therapy and Care
- Current realities
- Drivers for change

Bethany Care Society

- Bethany is a faith-based, not-for-profit provider of seniors' services and affordable housing in communities in central and southern Alberta.
- We provide a full spectrum of housing and care options for seniors and adults with disabilities.

Bethany Care Foundation

- The Bethany Care Foundation is a registered charity dedicated exclusively to the acceptance and raising of funds in support of the priorities of the Bethany Care Society.



Sites and Services

- AHS contracted services (931 beds)
 - 810 LTC beds across 6 sites
 - 121 SL4 beds across 2 sites
- 211 supportive living suites
- 867 seniors housing suites



Factors Contributing to our Care Service Model

- Funded for an average of 3hrs and 20 mins of worked hours for care providers for long term care residents
- Contracted service provider; highly regulated system
- Staffing; Unionized environment, over 50% HCAs
- Residents; 80% have cognitive impairment

Traditional Music Therapy

- Contracted service
- Resourced exclusively through fundraising
- Referrals coordinated through Rec Therapy
- 1:1 and group programs
- Approx. 2hrs per week per site
- Provided to all LTC sites

Other Music in Long Term Care

- Drum circles
- Singalongs
- Community Choirs
- Calgary Philharmonic Orchestra



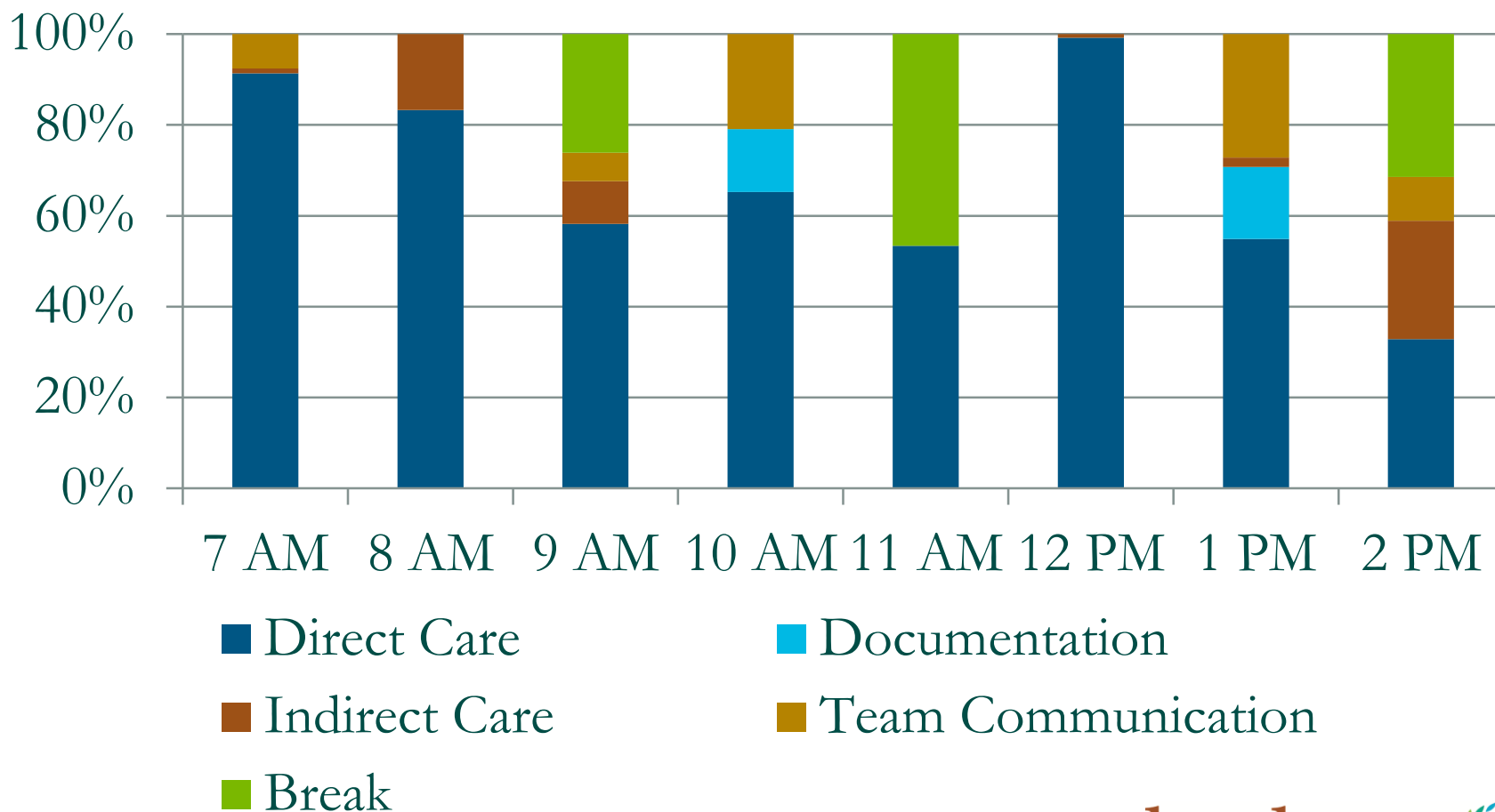
Music and Memory



Realities are . . .

- Key staff in supporting music care and music therapy
 - Recreational therapy staff
 - Volunteer coordinators
- Typically Mon-Fri, 8am to 4pm
- LTC is funded for 24hr nursing care

Health Care Aides: Direct Observations (Project Funding Provided By ICCER)



Music and Technology

- Technology is increasing throughout our continuing care environments
- Community partners and donors are driving change
 - Ipods donations
 - Multimedia flash drives



National Standards

Client- and family-centred care shifts providers from doing something *to or for the client*—where the health care provider's perspective is dominant—to doing something *with the client*—so the health care provider and the client have a true partnership.



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CREATING CARING COMMUNITIES

In Summary

- We know the integration of music is important
- Current system and organizational barriers make this a challenge to get right
- Current realities highlight the importance of individual care providers in promoting and integrating music into care

ANY
QUESTIONS
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