

# Embracing Our Niche: Improving Palliative & End-of-Life Care in Continuing Care

Emily Dymchuk, Institute for Continuing Care Education & Research (ICCR)

## EPAC

- Developed by Vancouver Coastal Health
- Early identification of residents who would benefit from palliative & end-of-life care (**Identify**)
- Early goals of care (GoC) discussions with residents & families (**Discuss**)
- Create and follow individualized care plan (**Plan**)

## ICCR Team

- Funding provided by CFHI
- 1 of 7 teams chosen across Canada
- 4 continuing care provider organizations
- 9 supportive living & long-term care sites

## Anticipated Outcomes

- ↑ capacity of care teams to have early & effective goals of care discussions with residents & families
- ↓ number of resident transfers to acute care
- ↑ ability to provide individualized palliative & end-of-life care in residents' homes
- Improved experience for residents, families & staff during end-of-life care

