Institute for Continuing Care Education & Research - An academic/community collaboration to enhance Alberta's continuing care sector

1 May 2017
Agenda

• What is continuing care in Alberta?
• Introduction to ICCER (S Woodhead Lyons)
• Linkages to Education – PSI perspective (N MacLachlan)
• Linkages to Research – PSI perspective (E Goble)
• Provider perspective – (D Flauer)
• Discussion on how research/education/practice overlap and inform each other - All
## Alberta’s Continuing Care System

### Home Living
- Independent living
- Supports from family or home care program

116,462 unique Home Care Clients\(^1\)

### Supportive Living
- Congregate Setting (lodges, group homes, designated supportive living, etc.)
- Combines accommodation and support services

30,878 SL spaces (9,936 DSL)\(^1\)

### Long-Term Care
- Nursing Homes and Auxiliary Hospitals

14,768 LTC spaces\(^1\) (19,936 unique individuals\(^2\))

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\(^1\) AHS Annual Report 2015/2016;  \(^2\) AH 2015/16 LTC residents profile
Alberta’s Aging Population

Number and percentage of seniors in Alberta will continue to increase

Source: Statistics Canada population projections for Canada, Provinces, and Territories, 2009-2036 (medium projection)
Institute for Continuing Care Education and Research (ICCER)

A network of post-secondary institutions, continuing care providers, and regulatory bodies collaborating to improve continuing care in Alberta by:

- encouraging research,
- translating knowledge into better practice,
- enhancing education, and
- informing policy.
Five Strategic Directions
Current Members

- Ashbourne
- Bethany Care Society
- Bow Valley College
- CapitalCare
- Carewest
- CPLNA
- Excel Society
- Extendicare

- Keyano College
- Lifestyle Options
- NorQuest College
- St. Michael’s
- Shepherd’s Care
- Sherwood Care
- University of Alberta
- Wing Kei
Community Needs Driven Research Network (CNDRN)

• First funded by Alberta Innovates Health Solutions
• Now supported through an operational grant from Alberta Health
• The purpose is to identify needs – from the perspective of the community and care providers - related to continuing care where education and/or research could help improve care
  AND
• To encourage research and knowledge translation to address the identified issues.
Community Needs Driven Research Network (CNDRN) for Continuing Care in Alberta

Supported by:

Transfer knowledge back to caregivers in the community, including:
- https://www.facebook.com/iccer.ca/
- https://twitter.com/ICCER_Ab
- http://tinyurl.com/p9wreh (Group)
- http://tinyurl.com/so6kjm (Company)

Consultations, focus groups, & interviews with front-line staff & community

Top 14 Issues Identified by CNDRN Consultation Process & Related Research & Education supported* by ICCER as of February 2017

1. Mental Health related issues (primarily Behaviours):
   - Managing Responsive Behaviours—PI Dr. S. Brémaud-Phillips, U of A (2013)
   - Behavioural Supports Alberta Symposium (2014-2016)
   - Connecting with People with Dementia—PI N. MacLachlan, Bow Valley College (2015/16)
   - Responsive Behaviours 2017 - Communication Tools to Enhance Care (2017)

2. Education related issues:
   - Creating Cultures of Care: How Responsive Leadership Enables Responsive Care events (2013)
   - Responsive Leadership—PIs Dr. S. Caspar & D. McLeod, Bethany Care Society (2014/15)
   - Creating Cultures of Care through Responsive Leadership workshops (2016)
   - Learning Circles—PIs D. McLeod, Bethany Care Society & G. Barrington, Barrington Research (2013); PIs Dr. S. King, U of A & S. Friesen, Bethany Care Society (2014/15); PIs S. Friesen, Bethany Care Society & Dr. S. King, U of A (2016/17)

3. System navigation & transition of care:

4. Technology for adult learning & point of care:
   - A Comparison of the Effectiveness of Electronic vs. Paper-based Documentation—PI J. Tse, Wing Kee Care Centre (2014/15)

5. Role definition within the CC sector:
   - Optimizing Workforce Utilization to Inform Care Delivery in Continuing Care Facilities—PIs Dr. E. Suter, AHS & S.C. Woodhead (Lynn), ICCER (2012/13)

6. Staff retention & recruitment:
   - Exploring the Influence of Teamwork on Recruitment and Retention—PIs Dr. S. Daleke & Dr. S. Stahlke, U of A (2015/16, 2016-17)

7. Working with families:
   - Family/Staff Relationships in Continuing Care education session (2015)

8. Caregiving:
   - Creating Culture Change in Continuing Care & Removing Expressive Behaviours in Dementia Care education sessions (2014)
   - Towards an Alternative Material Culture of Dementia Care—PI Dr. M. Strickladden, U of A (2015/16, 2016-17)
   - ICCER Speed Networking Events: Person & Family Centred Care (2016)

9. Intercultural issues:
   - Scoping Cultural Awareness Training Options for Staff Working with Older Canadians in CC in AB—PI Dr. L. Venturato, U of C (2014/15)

10. Need for Recreation & Rehabilitation staff:
    - Recreation Services & Quality of Life—PIs Dr. G. Waller & Dr. R. Haasnel, U of A (2014)
    - Determining Factors in the Care Environment that Influence the Effectiveness of Recreation Activities—PI D. Milke, CapitalCare (2015/16)

11. Palliative Care, end of life, & hospice:
    - Transitions Experienced by Family Caregivers of Persons at the End of Life—PI Dr. W. Duggleby, U of A (2014/15)

12. RAI research:
    - Inter-RAI: Utilizing Data to Enhance Clinical Care education session (2015)

13. AHS policy inconsistencies

14. First Nations issues:
    - Developing an Educational Model to Support CC in Remote Northern Communities—PIs Dr. S. King, U of A & Dr. V. Thompson, Keyano College (2014/15)
    - An Experiential Learning Curriculum to Support the Care of Aboriginal Populations in Continuing Care for Remote Northern Communities—PIs Dr. S. King, U of A & Dr. V. Thompson, Keyano College (2016/17)

*support is provided in various ways including financial support, research team support (Project Management, Advisory Committee, data collection and analysis, etc.), and knowledge translation.

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Education Linkages

• Consistent approach toward value and quality of life
• Increased research opportunities
• Knowledge translation and networking
• Bridging the research to practice gap through education
• Increased inter-professional collaborative education
• Accreditation perspective
Research

• Industry relevant questions, the answers to which can inform our programs
• Opportunities to engage faculty in industry relevant issues and concerns
• Opportunities for students to develop research skills
• Opportunities to build new research partnerships with continuing care providers
Provider Perspectives

• Lifestyle Options Retirement Communities – supportive living facility, first built in 1998
• Provides care throughout continuum: home care, independent private care, supportive living 4, supportive living 4-Dementia and palliative/end of life care
• Also advocates to create public awareness throughout community
Provider Perspectives

Through ICCER our organization was able to network and collaborate with others

• Staff attended various seminars, workshops, and presentations by experts of their field.

• i.e. Workshops in behavioral support and the Learning Circles – a form of cooperative learning where participants discuss challenges of mutual concern and work towards a common goal.
Provider Perspectives

• Organization providers – like Lifestyle Options, by collaborating with researchers creates a better outcome for residents, their families and staff.

• Through ICCER networking NorQuest College and LO have collaborated in a research project to conduct interviews with family members, staff and other interdisciplinary team members
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