

NOTES FROM ICCER

April was a busy month for ICCER! We hosted two very successful Networking Events (see below for summaries), as well as two Collaborative Practice Discussions with staff from ICCER member organizations. We'd like to thank everyone for participating with us! The presentations from the Networking Events will be posted on the ICCER website (link provided below). May will likely be a much quieter month as we plan for our next events in June. Read more about our upcoming events on the next page!

Make sure to check out the new updates to the [ICCER website](#), including a revamped *Resources* section that now includes resources specifically for caregivers.

Sandra Woodhead Lyons, PHEc
Executive Director, ICCER

Individual Memberships purchased for 2017/18 expired on April 1! Individuals not associated with an ICCER member organization can join the ICCER network for \$150/year. If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits!

Individual memberships will run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

[Click here for more details on what's included in an individual membership!](#)

OUT & ABOUT WITH ICCER

ICCER Networking Events

ICCER hosted Networking Events in both Edmonton and Calgary this month! Megan Strickfaden (Professor, Department of Human Ecology, University of Alberta) and Jacquie Eales (Research Manager, RAPP, Department of Human Ecology, University of Alberta) presented *Living Spaces: Policy Supports & Barriers in Alberta*.

On April 4th and 16th, our speakers took a closer look at the policy supports and barriers that drive the design and operation of continuing care spaces within our province. Participants had the opportunity to discuss living spaces in relation to person-centred care, the interpretation of policies in the province, as well as how the environment can be designed to enhance resident quality of life. Those who attended the events expressed appreciation for the opportunity to network as well as for the interesting perspectives and new knowledge provided by Megan and Jacquie.

[Click here to see the presentation slides from the April Networking Events!](#)

Collaborative Practice Discussions

ICCER member organizations gathered together in Calgary on April 17th and in Edmonton on April 19th to discuss *Creative & Collaborative Approaches to Learning*. Discussions focused on the Dementia Strategy & Action Plan and how ICCER member organizations are addressing the changes needed to ensure high-quality dementia care and services. *Continued on next page...*



OUT & ABOUT WITH ICCER CONT'D

Collaborative Practice Discussions

ICCER was happy to have representatives from Alberta Health present to provide an overview of the Dementia Strategy & Action Plan and highlight how ICCER members can be involved in taking it further. Members had the opportunity to share their knowledge with one another and collaborate across organizations through small and large group discussion.



SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, [click on the link](#) to be added to our distribution list!

[Click here to subscribe!](#)

SAVE THE DATE!

ICCER will be hosting Networking Events again in June! The theme for the events will be *Keeping Seniors Safe*. Stay tuned for more information on our topics and speakers for both events. If you're not yet signed up for ICCER event invitations, subscribe above!

- **Calgary—June 4, 2018 at Bow Valley College**
- **Edmonton—June 6, 2018 at NorQuest College Singhmar Centre for Learning**

ICCER member organizations will be invited to our next Collaborative Practice Discussions also being held in June.

- **Calgary— June 5, 2018 at Wing Kei Greenview**
- **Edmonton—June 14, 2018 at St. Michael's Heritage Hall**

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EVALUATION OF HQCA LTC SURVEY REPORTS

The Health Quality Council of Alberta (HQCA) produces *Long-Term Care Family Experience Survey Reports* that provide an assessment of long-term care performance from family members' perspectives. At this time, the HQCA has contracted SWM Consulting Services and BIM Larsson & Associates to complete an evaluation of the reach and use of the Long-Term Care Survey Reports.

A very short, online survey is the first step in the mixed-methods evaluation. It consists of closed-ended questions and should take less than 5 minutes to complete. Participation is voluntary and anonymous. The data will be stored on a secured system only accessible to the external consultants. The collected information will only be used for the purposes of this evaluation. *Continued on next page...*

All records will be deleted once analyzed and findings will be reported in aggregate form. **Even if you are not very familiar with the Long-Term Care Family Experience Survey Reports, please complete the initial questions of the survey.**

[Click here to access the survey!](#)

JOIN OUR COMMUNITY OF PRACTICE

Music Care CoP

To help ICCER members become more aware of the music care options and resources available to them, we created a Community of Practice (CoP). **All ICCER members are welcome to participate in the CoP!** Staff who are interested and willing to participate, please contact Emily Dymchuk (emily@iccer.ca).

The next Music Care CoP meeting will be held via teleconference in June.

INTERESTING RESOURCES

- In keeping with our April networking events on environmental design, here is an article by Palm et al. (2018): [Quality of Life in People With Severe Dementia and Its Association With the Environment in Nursing Homes: An Observational Study.](#)
- **May 6-12, 2018** is [Hospice Palliative Care Week](#)
- **May 30, 2018** is [World MS Day](#) #BringingUsCloser

As spring progresses, many of us want to be outside. Gardening is a therapeutic and useful activity for seniors, no matter where they live. It can actually be done all year long if you have appropriate indoor space.

- [Selecting the Best Gloves for Gardening](#)
- Plant a Butterfly Garden—One that is designed to create an environment that attracts butterflies. By planting a garden with the right kinds of plants and flowers that butterflies love to feed and lay eggs on, your seniors will not only have beautiful flowers to admire, but also have a yard full of butterflies throughout the growing season.

<https://www.thebutterflysite.com/gardening.shtml>

<https://www.nwf.org/Garden-For-Wildlife/Wildlife/Attracting-Butterflies.aspx>

<https://www.canadiangeographic.ca/article/how-build-butterfly-garden>

- [Horticultural Therapy Activities](#)

Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily (emily@iccer.ca).

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 <http://tinyurl.com/p9eabah> (Group)

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