

NOTES FROM ICCER

Hello everyone. It's been a very wet summer in Alberta and Emily and I have been staying indoors planning for ICCER's fall and winter programs. We have a very busy fall season coming up—look for the "save the date" notices on the next pages. Emily and I are quite excited about our lineup of speakers!

September 8th is Grandparents Day (#DoSomethingGrand). A couple of years ago we shared a poem my mother wrote while living at McConnell Place West. I'm going to share it again for Grandparents Day. I think it's a good example to show that no matter how severe dementia progresses, the essence of the individual still shines through.

Grandparents Meet a Need

Grandparents meet a need that no one else can fill.
They're always kind and gentle.
They love you and always will.
You can always tell when they are teasing by the twinkle in their eyes.
They are experts on solving problems for they are loving, caring and wise.
They have plenty of time to listen, encourage you and care.
When others are too busy, grandparents are always there.
Grandparents are a delightful blend of laughter, caring deeds and wonderful stories of inspiration.

By Una Woodhead

Sandra Woodhead Lyons, PHEc
Executive Director, ICCER

Individuals not associated with an ICCER member organization/associate membership can join the ICCER network for \$150/year.

If you are employed by one of ICCER's member organizations or associate members, you are already considered a member and are eligible for the related benefits! Individual memberships run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

[Click here for more details on what's included in an individual membership!](#)

ASSOCIATE MEMBERSHIP

Who is eligible for Associate Membership? Organizations with an interest in supporting and improving continuing care in Alberta, but who are not continuing care provider organizations, post-secondary institutions, or regulatory bodies.

What are the benefits of Associate Membership? Benefits are similar to, but not as extensive as those for Organizational Members. Associate Members will not participate in the governance of ICCER but will receive...

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- The opportunity to network and collaborate with like-minded organizations in both formal and informal ways;
- The ability for researchers and providers to discuss continuing care research needs;
- The opportunity for staff to join meaningful Communities of Practice (CoPs) in order to learn and collaborate;
- Limited free attendance to all ICCER events (no more than 5 registrations in-person or webinar link/event), unless a charge is required, in which case members pay a reduced fee;
- Pre-registration for major education events;
- Resources and information sent weekly;
- Associate Members-only website that includes knowledge synthesis documents (to help inform best practice), CoP information, ICCER event summaries, and publications that most organizations would not otherwise be able to access; and
- The monthly e-Newsletter

SAVE THE DATE!

October Networking Events

ICCER is excited to announce our upcoming fall/winter events! We will be holding Networking Events and Collaborative Practice Discussions in October. Our Networking Events will focus on appropriate de-prescribing and how to determine when and how to de-prescribe in a way that best meets each resident's needs.

In Calgary we will have Dr. Cheryl Sadowski (Associate Professor, Faculty of Pharmacy & Pharmaceutical Sciences, University of Alberta) and Dr. Jim Silvius (Provincial Medical Director, Seniors Health, Community Seniors Addictions & Mental Health; Senior Medical Director, Seniors Health SCN) sharing their knowledge, and in Edmonton Cheryl will be speaking with Kathleen Hunter (Professor, Faculty of Nursing, University of Alberta).

- **October 7, 2019—Calgary**
- **October 15, 2019—Edmonton**



Collaborative Practice Discussions

The Collaborative Practice Discussions are only open to ICCER's organizational members. They are an opportunity for our members to discuss important issues and initiatives in continuing care and share their policies and procedures with one another. In October, we will be discussing the implementation of automated records and how it has impacted care.

- **October 1, 2019—Edmonton**
- **October 8, 2019—Calgary**

Education Event

We are holding our annual education event on **November 12, 2019**. We will be focusing on Intergenerational Programming. This topic was of interest at our Innovation Day back in April, so we thought it was a good opportunity to explore further. We will feature speakers from Seniors & Housing, Age Friendly Edmonton, CapitalCare and LINKages! Note: This event will have main sites in both Edmonton and Calgary, as well as be available via webinar.



SAVE THE DATE! CONT'D

Responsive Behaviours Symposium 2020

Our annual Responsive Behaviours Symposium will be held on **February 19, 2019** with a focus on some issues that often lead to behaviours in continuing care. We are still finalizing the details, but our topics will include sleep, pain and incontinence with presentations by Dr. Cary Brown (Professor, Faculty of Rehabilitation—Occupational Therapy, University of Alberta), Verdeen Bueckert (Practice Lead, Seniors Health Strategic Clinical Network), Kathleen Hunter (Professor, Faculty of Nursing, University of Alberta) and Eve Baird (Founder of The Sleep Kit).

April Networking Events

We've already begun planning for our April 2020 events! The topic for the Networking Events will be Caregiver-Centred Care with speakers Dr. Jasneet Parmar (Medical Director, Network of Excellence in Seniors' Health & Wellness) and Sharon Anderson (Research Coordinator, Network of Excellence in Seniors' Health & Wellness).

- **April 16, 2020—Edmonton**
- **April 20, 2020—Calgary**

SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, **click on the link** to be added to our distribution list!

[Click here to subscribe!](#)

SPECIAL DATES & UPCOMING EVENTS

- As always, **September** is [World Alzheimer's Month](#) with **September 21st** being World Alzheimer's Day.
- **October 18, 2019:** [Health Care Aide Conference 2019](#) - Edmonton, AB
- **October 24-25, 2019:** [ACCA IQ 2019: Catch the Wave!](#) - Red Deer, AB
- **October 24-26, 2019:** [CAG 2019: Navigating the Tides of Aging Together](#) - Moncton, NB

If you are going to the annual CAG Conference this year, be sure to attend the End of Life session on Friday, October 25th (8:00—9:30 AM) and hear Emily Dymchuk present "Embedding a Palliative Approach to Care in Continuing Care: The ICCER Team." Fellow ICCER representative, Sarah Price (Silvera) will be presenting "Navigating the complex changes around end-of-life options: Development of the Supportive Living MAiD Collaborative" in the same session.

Later that day, Jenny Swindle from the University of Alberta will be presenting on behalf of Hannah O'Rourke and team, "Music Connects Us: Design of an innovative music-based group activity intervention to address loneliness for people with dementia."

- **November 8, 2019:** [Music Across the Lifespan](#) - Hamilton, ON

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SPECIAL DATES & UPCOMING EVENTS CONT'D

- The University of Alberta Augustana Campus is offering a [grant writing workshop](#) on **November 20, 2019**. Dr. Lars Hallström (Director, ACSRC) will lead the 6-hour workshop for community members, not-for-profit organizations, and municipal workers with varied experiences in the grant-writing process.

JOIN OUR COMMUNITIES OF PRACTICE

ICCER started a Music Care Community of Practice (CoP) in fall 2016 and recently added a CoP for Educators and Best Practice Leads in continuing care, as well as a collaborative working group for various continuing care policies. All ICCER organizational and associate members are welcome to participate!

- **Music Care CoP**—To help members become more aware of the music care options and resources available to them, as well as discuss issues related to implementing music in care. **The next CoP meeting will be held via teleconference on September 12, 2019.**
- **Continuing Care Educators CoP**—An opportunity for members to share resources, discuss strategies for integrating knowledge to practice, and explore the connection between curriculum and clinical education/practice. **The next CoP meeting will be held via teleconference on September 3, 2019.**
- **Policy Working Group**—ICCER has started a collaborative working group for members to work together on policies, procedures and forms in hopes of making the audit process easier and more consistent. The group will be starting with Continuing Care Health Service Standard #16. **The first meeting of the group will be held on September 4, 2019 via webinar.**

If you are from an ICCER member organization or associate member and are interested and willing to participate in one of these groups, please contact ICCER's Program Coordinator, Emily Dymchuk (emily@iccer.ca).

SUBSCRIBE TO THE ICCER NEWSLETTER!

Click on the link to receive future issues of our monthly Newsletter!

Click here to subscribe!



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