



## NOTES FROM ICCER

This month Emily and I were busy getting ready for our various events! Not only did we host the 7<sup>th</sup> Responsive Behaviours Symposium (see below), but we were busy organizing speakers for our April and June Networking Events. Be sure to read the “*Save the Date!*” section of the Newsletter—we have some interesting sessions coming up!

Our Steering Committee members will come together on March 7<sup>th</sup> for ICCER’s 2019/20 planning session. We will be discussing ICCER’s priorities for the upcoming year. I’m sure there will still be a big focus on person-centred care and family/resident engagement.

Sandra Woodhead Lyons, PHEc  
Executive Director, ICCER

**Individual ICCER memberships can be purchased/renewed as of February 1, 2019 for the 2019/20 year!  
Individuals not associated with an ICCER member organization can join the ICCER network for \$150/year.**

If you are employed by one of ICCER’s member organizations, you are already considered a member and are eligible for all member benefits! Individual memberships run April 1<sup>st</sup> to March 31<sup>st</sup> of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

[Click here for more details on what’s included in an individual membership!](#)

## OUT & ABOUT WITH ICCER

### Responsive Behaviours Symposium 2019

ICCER was pleased to host *Responsive Behaviours Symposium VII—Building Resilience: Caring for the Care Provider* on February 20<sup>th</sup>. We had a full house in both Edmonton and Calgary, as well as 73 webinar sites registered across the province and as far east as New Brunswick. We even had interest from New Zealand!

At Edmonton Clinic Health Academy, we had Lynne Moulton and Tammy Damberger speak about *Building Resilience in Your Team*, as well as Lynn Anderson and Rebecca Low present on *Building Resiliency Through Mindfulness*. Continuing with the concept of mindfulness, Fleur Hughes presented on *Music and Mindfulness Tools for Self-Care* at the U of A Calgary Campus. After lunch, Darrell Lang shared information on Carewest’s journey of *Psychological Health in the Workplace*. Brigitte Berry and Lori Young closed the symposium with a presentation on their work on the Aggressive Behaviour Risk Assessment Tool (ABRAT-L) used to predict resident aggression in long-term care.

Those who participated can request a certificate of attendance by emailing ICCER’s Program Coordinator, Emily Dymchuk ([emily@iccer.ca](mailto:emily@iccer.ca)).



[Missed the Symposium? Click here to see the presentations!](#)

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## REGISTER NOW!

### ICCER Innovation Day 2019

ICCER is looking forward to hosting its first Innovation Day!

- **When? Wednesday, April 3, 2019 from 10:00 AM to 2:00 PM**
- **Where? CapitalCare Dickinsfield**

This event is an opportunity for ICCER member organizations to show and learn from each other's innovative ideas for programming, equipment, or activities. We will have poster presentations, short oral presentations, and interactive demonstrations from continuing care providers, post-secondary institutions and more!

Start thinking about what you and your colleagues want to present on April 3<sup>rd</sup>! If you have an idea for a poster but need help developing one, contact [emily@iccer.ca](mailto:emily@iccer.ca) or [sandra@iccer.ca](mailto:sandra@iccer.ca). We can help plan your poster.

**Note: This event is only open to staff and faculty of ICCER member organizations! If you are interested in presenting, or would like to attend, please contact Emily Dymchuk at [emily@iccer.ca](mailto:emily@iccer.ca) or 780-248-5634.**

#### SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, **click on the link** to be added to our distribution list!

**Click here to subscribe!**

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## SAVE THE DATE

### ICCER Networking Events

We are hosting Networking Events in April and June in both Edmonton and Calgary! Networking Events are a great opportunity to learn and discuss continuing care topics with a variety of stakeholders.

Our April events will focus on various aspects of inclusivity in continuing care. Our speakers in Edmonton will be Eric Storey (Edmonton Senior Pride Group) and Lara Pinchbeck (PhD student and Principal of Lara Pinchbeck: Research + Design). In Calgary, we will have Amanda Weightman (Project Coordinator, Housing & Support Needs for Aging in the LGBT+ Community) and Lara Pinchbeck speaking.

- **Monday, April 8, 2019 from 2:00 to 5:00 PM at Bow Valley College**
- **Thursday, April 11, 2019 from 9:00 AM to 12:00 PM at Shepherd's Care Kensington**

In June we will have Dr. Megan Strickfaden (Dept. Human Ecology, University of Alberta) showing and discussing a series of films she created related to dementia and other disabilities.

- **Tuesday, June 4, 2019 in Edmonton**
- **Monday, June 10, 2019 in Calgary**

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### Collaborative Practice Discussions

We'll be holding Collaborative Practice Discussions for our member organizations on **June 11** (Calgary) and **June 12, 2019** (Edmonton). *Stay tuned for more information!*

## JOIN OUR COMMUNITIES OF PRACTICE

In addition to our Music Care Community of Practice (CoP), ICCER has recently started a CoP for Educators and Best Practice Leads in continuing care. All ICCER organizational members are welcome to participate!

- **Music Care CoP**—To help members become more aware of the music care options and resources available to them, as well as discuss issues related to implementing music in care. **The next Music Care CoP meeting will be held via teleconference on April 9, 2019.**
- **Continuing Care Educators CoP**— An opportunity for members to share resources, discuss strategies for integrating knowledge to practice, and explore the connection between curriculum and clinical education/ practice. **The next CoP meeting will be held via teleconference on March 21, 2019.**

Staff who are interested and willing to participate in either CoP, please contact ICCER's Program Coordinator, Emily Dymchuk ([emily@iccer.ca](mailto:emily@iccer.ca)).

## INTERESTING RESOURCES

March 13, 2019 is World Delirium Awareness Day #WDAD2019. Below are some related resources:

- [iDelirium](#)—World Delirium Awareness Day Headquarters
- What is Delirium? Watch Creative Connection's [Delirium Awareness Video](#) on YouTube
- AHS & Covenant Health—[Delirium Screening Tool: Confusion Assessment Method \(CAM\)](#)
- Kang, J., Lee, M., Ko, H., Kim, S., Yun, S., Jeong, Y., & Cho, Y. (2018). Effect of nonpharmacological interventions for the prevention of delirium in the intensive care unit: A systematic review and meta-analysis. *Journal of Critical Care*, 48, 372-384. doi:10.1016/j.jcrc.2018.09.032

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Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily Dymchuk ([emily@iccer.ca](mailto:emily@iccer.ca)).

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