

## NOTES FROM ICCER

June was a busy month for us! We hosted Networking Events in Calgary and Edmonton as well as Collaborative Practice Discussions for ICCER organizations (*more information on the next page*). Over the summer we will be planning our fall events—Collaborative Practice Discussions (October 1<sup>st</sup> and 8<sup>th</sup>), Networking Events (October 7<sup>th</sup> and 17<sup>th</sup>) and the November education session. Stay tuned for more information coming soon!

ICCER is pleased to welcome our newest Organizational Member, Silvera for Seniors!

We are also excited to announce a new membership category—Associate Member! This is for organizations that support ICCER's vision and provide services within the continuing care sector, but don't meet the criteria for Organizational Membership (continuing care providers, post-secondary institutions, and regulatory bodies). *See below for more information.*

Sandra Woodhead Lyons, PHEc  
Executive Director, ICCER

### **Individuals not associated with an ICCER member organization can join the ICCER network for \$150/year.**

If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits! Individual memberships run April 1<sup>st</sup> to March 31<sup>st</sup> of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

[Click here for more details on what's included in an individual membership!](#)

## ASSOCIATE MEMBERSHIP

**Who would be eligible for Associate Membership?** Organizations with an interest in supporting and improving continuing care in Alberta, but who are not continuing care provider organizations, post-secondary institutions, or regulatory bodies.

**What are the benefits of Associate Membership?** Benefits are similar to, but not as extensive as those for Organizational Members. Associate Members will not participate in the governance of ICCER but will receive:

- The opportunity to network and collaborate with like-minded organizations in both formal and informal ways;
- The ability for researchers and providers to discuss continuing care research needs;
- The opportunity for staff to join meaningful Communities of Practice (CoPs) in order to learn and collaborate;
- Limited free attendance to all ICCER events (no more than 5 registrations in-person or webinar link/event), unless a charge is required, in which case members pay a reduced fee;
- Pre-registration for major education events;
- Resources and information sent weekly;
- Associate Members-only website that includes knowledge synthesis documents (to help inform best practice), CoP information, ICCER event summaries, and publications that most organizations would not otherwise be able to access; and
- The monthly e-Newsletter

## OUT & ABOUT WITH ICCER

### ICCR Networking Events

On June 4<sup>th</sup> in Edmonton and June 10<sup>th</sup> in Calgary, Dr. Megan Strickfaden (Department of Human Ecology, University of Alberta) showcased and led discussion on the intensive, intergenerational and meaningful process of creating illustrated films with older adults, caregivers, staff, and students.

Thirty-two resident artists (ages 60-101) were given voice through the development of a variety of media including visuals and spoken word. The films produced are geared towards both formal and informal caregivers to encourage them to think about how designed things can support the aging process. **Megan's films can be found online—[click here!](#)**



### SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, **click on the link** to be added to our distribution list!

[Click here to subscribe!](#)



### Collaborative Practice Discussions

This month, ICCER member organizations came together to discuss Continuing Care Health Service Standard #16: Restraint Management and Secure Spaces as it continues to cause concern and confusion among care providers. Staff in Calgary (June 11<sup>th</sup>) and Edmonton (June 12<sup>th</sup>) shared resources and ideas on how they can meet the Standard while maintaining best practice and person-centred care for residents.

**Resources can be found on the Members-only Area of the ICCER website!**

## RESOURCES & SPECIAL DATES

- Donna Wang & Thalia MacMillan. (2013). The Benefits of Gardening for Older Adults: A Systematic Review of the Literature. *Activities, Adaptation, & Aging*, 37(2), 153-181. [doi:10.1080/01924788.2013.784942](https://doi.org/10.1080/01924788.2013.784942)
- Masel, E. K., Trinczek, H., Adamidis, F., Schur, S., Unseld, M., Kitta, A., ... Watzke, H. H. (2018). Vitamin "G"arden": A qualitative study exploring perception/s of horticultural therapy on palliative care ward. *Supportive Care in Cancer*, 26. 1799-1805. <https://doi.org/10.1007/s00520-017-3978-z>

## RESOURCES & SPECIAL DATES CONT'D

- July 1<sup>st</sup> is Canada Day! Enjoy celebrating the day safely with staff and residents.
- July 24, 2019 is [International Self-Care Day](#)
- There seems to be a day for just about everything! Some of these are a little odd, but fun days for summer...
  - July 5—National Apple Turnover Day
  - July 17—National Hot Dog Day
  - July 23—Vanilla Ice Cream Day

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*Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to [emily@iccer.ca](mailto:emily@iccer.ca).*

## JOIN OUR COMMUNITIES OF PRACTICE

In addition to our Music Care Community of Practice (CoP), ICCER has recently started a CoP for Educators and Best Practice Leads in continuing care. All ICCER organizational and associate members are welcome to participate!

- **Music Care CoP**—To help members become more aware of the music care options and resources available to them, as well as discuss issues related to implementing music in care. **The next CoP meeting will be held via teleconference on September 17, 2019.**
- **Continuing Care Educators CoP**— An opportunity for members to share resources, discuss strategies for integrating knowledge to practice, and explore the connection between curriculum and clinical education/practice. **The next CoP meeting will be held via teleconference on September 3, 2019.**

Staff of ICCER member organizations who are interested and willing to participate in either CoP, please contact ICCER's Program Coordinator, Emily Dymchuk ([emily@iccer.ca](mailto:emily@iccer.ca)).

## SUBSCRIBE TO THE ICCER NEWSLETTER!

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