

March 2020

# ICCER Newsletter



## NOTES FROM ICCER

Emily and I are working from home for the foreseeable future. We can still be reached by phone or email. If you leave a message on our office phones, we receive it via email and will return your call.

We were disappointed to have to cancel our April in-person events, but realize that our inconvenience is minor compared to what many front-line workers, teachers, and students are facing right now. We are pleased that most of our speakers for the April events have rescheduled their presentations as webinars.

One of our biggest events, Innovation Day, was also planned for April. It would have been our second annual Innovation Day for organizational and associate ICCER members only. We are now planning to include presentations that were scheduled for Innovation Day as part of our webinar series over the coming months. They will also be available to non-members for a small fee, as with all of ICCER's webinars.

Sandra Woodhead Lyons, PHEc  
Executive Director, ICCER

**Don't forget to renew your membership! Individuals not associated with an ICCER organizational or associate membership can join the ICCER network for \$150/year.**

If you are employed by one of ICCER's member organizations or associate members, you are already considered a member and are eligible for the related benefits! Individual memberships run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

*[Click here for more information on individual membership!](#)*

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## REGISTER NOW!

### Two-part webinar - [Creating Meaningful Relationships with Family Caregivers](#)

ICCER is pleased to offer a two-part webinar with Dr. Jasneet Parmar, Sharon Anderson and Catherine Thornberry. Participants will learn skills to develop meaningful relationships and assess family caregivers' support needs in their setting.

**Part 1 will be held on April 16, 2020 at 10 AM MDT** and will focus on the **Caregiver-Centered Care Competency Framework** to help providers to engage and support family

caregivers. **Part 2 will follow on April 30, 2020 at 10 AM MDT** and will introduce the **Carers Support Needs Assessment Tool and approach** to help caregivers indicate the supports they need.

This webinar is well suited to all healthcare providers who work with residents/patients with progressive chronic long-term conditions and their family caregivers, as well as front-line practice and organizational leaders who can utilize and/or facilitate Caregiver-Centered Care and CSNAT education and implementation in their organizations.

[Click here to register for Part 1  
on April 16 @ 10 MDT](#)

[Click here to register for Part 2  
on April 30 @ 10 MDT](#)

**These webinars are free for ICCER organizational, associate, and individual members. The cost for non-members to attend is \$15/site for each part!**

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### Innovation Webinar Series

- **Serious Games featuring Vibrant Minds & Virtual Gym**

Join us on **April 1, 2020 at 10 AM MDT** for the first of a few webinars featuring innovative projects from the University of Alberta. Dr. Adriana Rios Rincon and Dr. Victor Fernandez will present their work on Vibrant Minds and Virtual Gym.

Computer games are increasingly being used as a tool for studying cognitive skills and aging. Usability and clinical studies found the Vibrant Minds games to be easy-to-use and engaging for older adults with or without dementia, and older adults with dementia can become better on their cognitive skills at playing them.

Virtual Gym is an exercise platform designed to aid older adults in their personalized exercise routines. It provides a personalized gameplay configuration and can be set-up within various characteristics such as speed, postures, interactions, rhythm, and more. The platform's purpose is to extend the capabilities on health professionals to prescribe and monitor the clients' exercise routines. So far, Virtual Gym has an essential catalogue of gameplays with general exercise prescriptions.

[Click here to register for the webinar on April 1!\\*](#)

- **Alberta Rating Index for Apps (ARIA)**

On **May 14, 2020 at 10 AM MDT** Dr. Peyman Azad Khaneghah will showcase an assessment tool developed during his PhD program at the University of Alberta.

ARIA is a user-centred quality assessment tool that can help older adults, family caregivers, and healthcare providers rate the quality of mobile health apps that are available on the app stores, and identify health apps that are acceptable.

[Click here to register for the webinar on May 14!\\*](#)

**\*These webinars are free for ICCER organizational, associate, and individual members. The cost for non-members to attend is \$15/site!**

## DID YOU KNOW?

Recordings of past webinars (and some education events) are available on the [members-only area](#) of the ICCER website for organizational and associate members. Currently listed:

- March 25, 2020 - Designing Principles in Memory Care Facilities
- March 18, 2020 - Initiating Conversations about Resident Sexual Expression in AB Continuing Care Homes
- February 13, 2020 - Aging & LGBT+ Housing Fears & Considerations
- February 19, 2020 - Responsive Behaviours Symposium VIII
- November 27, 2019 - Sexual Expression in Continuing Care Homes
- November 14, 2018 - Palliative & End of Life Care in Continuing Care

## SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, **click on the link** to be added to our distribution list.

[Click here to subscribe!](#)

## SAVE THE DATE!

### Walk with Me: Changing the Culture of Aging in Canada

**Walk with Me 2021 will be held in Calgary, AB on April 22-23, 2021**, co-hosted by the Schlegel-UW Research Institute for Aging and CapitalCare.



The [biennial conference](#) brings together older adults/residents, care providers, educators, policy makers, students, and researchers from all over Canada to learn with and from each other about how to enhance the journey of aging across the continuum of care and community living.

[Sponsorship and exhibitor opportunities](#) are now available for the WWM 2021 conference!

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## BECOME AN ASSOCIATE MEMBER OF ICCER

**Who is eligible for Associate Membership?** Organizations with an interest in supporting and improving continuing care in Alberta, but who are not continuing care provider organizations, post-secondary institutions, or regulatory bodies.

**What are the benefits of Associate Membership?** Benefits are similar to, but not as extensive as those for Organizational Members. Associate Members will not participate in the governance of ICCER but will receive...

- The opportunity to network and collaborate with like-minded organizations in both formal and informal ways;
- The ability for researchers and providers to discuss continuing care research needs;
- The opportunity for staff to join meaningful Communities of Practice (CoPs) in order to learn and collaborate;
- Limited free attendance to all ICCER events (unless a charge is required, in which case members pay a reduced fee);
- Pre-registration for major education events;
- Resources and information sent weekly;
- Members-only website that includes information and resources that most organizations would not otherwise be able to access; and
- The monthly e-Newsletter

[Click here to read more on ICCER's website!](#)

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## JOIN OUR COMMUNITIES OF PRACTICE

ICCER started a Music Care Community of Practice (CoP) in fall 2016 and since then have added a CoP for Educators and Best Practice Leads in continuing care, as well as a collaborative working group for continuing care policies. All organizational and associate members are welcome to participate!

- **Music Care CoP** - To help members become more aware of the music care options and resources available to them, as well as discuss issues related to implementation.

- **Continuing Care Educators CoP** - An opportunity for members to share resources, discuss strategies for integrating knowledge to practice, and explore the connection between curriculum and clinical education/practice. **The next meeting will be held via teleconference on June 1, 2020.**
- **Policy Working Group** - ICCER has started a collaborative working group for organizational members to work together on policies, procedures, and forms in hopes of making the audit process easier and more consistent. **The next meeting will be via teleconference on May 6, 2020.**
- **NEW!** With the current COVID-19 situation, care providers are seeking ways to incorporate active aging programs for residents while still meeting social distancing requirements. ICCER members are invited to come together via teleconference on **April 7, 2020 at 2:00 PM MDT** to discuss ways to adapt to these unusual circumstances.

If you are from an ICCER member organization or associate member and are interested and willing to participate in one of these groups, **please contact ICCER's Program Coordinator, Emily Dymchuk ([emily@iccer.ca](mailto:emily@iccer.ca)).**

#### SUBSCRIBE TO THE ICCER NEWSLETTER!

Click on the link to receive future issues of our monthly e-Newsletter!

Click here to  
subscribe!

## RESOURCES

- The Alberta government announced a temporary program for working adult Albertans who must self-isolate because they meet the published criteria. An online application will be made available on [alberta.ca](http://alberta.ca).
- [WCB Worker Fact Sheet](#) (COVID-19)
- [WCB Employer Fact Sheet](#) (COVID-19)

#### CONNECT WITH US ON SOCIAL MEDIA



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