

ICcer Newsletter - October 2016

Person and Family-Centred Care

On September 26th in Calgary and October 6th in Edmonton, we held networking events discussing *Person- and Family-Centred Care (P&FCC)*. Both events were very successful with great discussions! It is clear that Person- and Family-Centred Care is a subject that people want more of. In fact, in Edmonton, it was suggested that we produce a separate newsletter just on the subject of P&FCC! We aren't going to do that, but we will provide resources and stories from time to time.

Presentations from our Calgary and Edmonton networking events on Person- and Family-Centred Care can be found on ICcer's website at

<http://iccer.ca/speednetwork.html>



Below are some useful resources related to Person- and Family-Centred Care:

- *Alzheimer Society*. Guidelines for Care: Person-centred care of people with dementia living in care homes. January 2011. [Click here!](#)
- *National Health Service, National End of Life Care Programme*. Optimizing the role and value of the interdisciplinary team: Providing person-centred end of life care 2013. [Click here!](#)
- *Saint Elizabeth Research Centre*. Let's get real about person-centred geriatric home care. May 2016. [Click here!](#)
- *Alberta Health Services: Patient and Family Centered Care Resource*



Out & About with ICCER

On November 17th, the Alberta Association on Gerontology (AAG) is hosting a dinner and presentation from ICCER Steering Committee member Dr. Erika Goble, NorQuest College - *Is it time to stop searching for a magic bullet? Re-examining the role of family-staff relationships in quality continuing care.* [Click here to register!](#)

Canadian Association on Gerontology (CAG) Annual Conference

Sandra Woodhead Lyons had the privilege of attending *CAG 2016: Fostering Innovation in Research on Aging* in Montreal from October 20th to 22nd. On behalf of ICCER, Sandra presented a poster, *Development of a meaningful staff development resource as a participatory activity in continuing care* (Authors: Sharla King, UofA; Steven Friesen, Bethany Care Society; Sandra Woodhead Lyons, ICCER), and a paper, *Community engagement to identify continuing care issues in rural Alberta* (Authors: Lars Hallstrom, ACSRC; Sandra Woodhead Lyons, ICCER; Emily Dymchuk, ICCER).



The keynote speaker on Thursday night, Nir Barzilai, MD, spoke on *How to Die Young at a Very Old Age?* He studies families with centenarians that have provided genetic/biological insights on the protection against aging. He showed a video of an amazing 104 year old Investment Advisor. Be sure to watch the [video](#) and hope that, should you live to that age, you are as sharp as Irving!



College of Licensed Practical Nurses of Alberta Think Tank

On October 20th, Emily Dymchuk (Program Coordinator, ICCER), as well as other ICCER Steering Committee members, attended the fourth annual *CLPNA Think Tank:*

Innovations in Person-Centred Care. The session focused on how to create a person-centred health system and included the perspectives of leaders in health in Alberta, as well as those from Australia and Japan. A panel of LPNs also spoke on how they practice person-centred care in their own work.

Join our Community of Practice

Music Care CoP

Many ICCER member organizations have implemented music care programs at their sites, or are interested in doing so. To help ICCER members become more aware of the music care options and help them select a program to implement, we have created a Community of Practice (CoP).



All ICCER member organizations are welcome to participate! Staff who are interested in joining the Music Care CoP, please contact Emily (emily@iccer.ca). The next CoP meeting will be via teleconference on January 10, 2017 at 10:00 AM.

Meet Our Members

ICCER Steering Committee

In this issue, we are featuring **Sharla King** (Director, Health Sciences Education and Research Commons, Health Science Council, University of Alberta). Sharla is a member of ICCER's Executive Committee and Chair of ICCER's PSI Subcommittee.



- *What do you find most challenging about preparing health care workers?*

I think pre-licensure students often underestimate the complexity of the care required at continuing care sites.

- *What has surprised you most about working with ICCER?*

I am amazed with the deep connections ICCER has within the community, across Alberta (both urban and rural communities) and even Canada!

- *What would you tell someone who is thinking about joining ICCER?*

The networking opportunities and connections into the continuing care field

are valuable. For example, I was approached about co-leading on a research project that was an expansion of a pilot ICCER had previously managed. ICCER's strong reputation with the continuing care facilities provided immediate credibility with the Administrators and resulted in strong support for the project. As an educational researcher new to the continuing care environment, the project would not have been possible without ICCER's support.



Register now!

ICCER Education event

Registration is now open for ICCER's upcoming education event. The topic of discussion will be on implementing music care in continuing care. This event will be held in-person at Edmonton Clinic Health Academy and the Rockyview General Hospital in Calgary. It will also be available via video and teleconference. **Registration is free for ICCER member organizations.** Non-members will be charged \$25 to attend in-person. Video and teleconference sites are free.

9 November 2016

ICCER Education Event - Implementing Music Care in Continuing Care

[Click here for more information and to register!](#)

Education/Training Opportunity

Room 217 is offering the *Music Care Certificate Program (MCCP)* - Level 2 course on November 12-13th in Calgary! Completion of the Level 1 course is required. *[Click here for more information and course listings!](#)*



More Interesting Resources

Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to

share, please send the links to Emily (emily@iccer.ca).

- Here is a useful review by the Canadian Agency for Drugs and Technology in Health (CADTH) on GPS locator devices for people with dementia: [Click here!](#)
 - A toolkit from the UK to help clinicians in various settings assess cognition. This toolkit offers practical advice for clinicians about a choice of cognitive tests: [Click here!](#)
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Farewell to Aruna Mitra

Steering Committee member Aruna Mitra is leaving ICCER, and Bethany Care Society, at the end of October. We won't get a chance to say "farewell" in person, but we do want Aruna to know that she will be missed! The ICCER Steering Committee and Executive Committee have benefited from Aruna's clear thinking for the past 18 months.



Steve Friesen, Acting Manager, Quality and Resident Safety, Bethany Care Society, will be our newest Steering Committee member. Welcome, Steve!

Connect with us on social media!



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