



MUSIC CARE CONFERENCE EDMONTON 2017

This is a Special Edition of the ICCER Newsletter to spread the word on the upcoming Music Care Conference 2017! Read more to learn about the variety of speakers, performers and workshops featured at this one-day conference.



WHAT? The Music Care Conference (MCC) is a one day conference bringing together care partners interested in the role music has in quality of living and care. The Edmonton 2017 conference will explore the effects of music and the arts on health and wellness.

WHY? Music is increasingly being recognized in health care communities as an effective means of care. Music care is an approach that uses music with intention, knowing that therapeutic principles of sound and music affect us and can have specific outcomes. Music care integrates sound, silence and music into life, paying close attention to how interpersonal connections and human contact is enhanced through music associations.

WHO? MCC is for anyone who wants to learn more about the role music plays in care. Participants include allied healthcare providers, family and volunteer caregivers, care receivers, musicians, faith-based and community agencies, students and the community-at-large.

WHEN? Monday, November 6, 2017

WHERE? Winspear Centre, Edmonton, AB

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SPEAKERS

Neurologic Music Therapy – Dr. Corene Hurt-Thaut



Corene Hurt-Thaut is internationally recognized for her clinical expertise in the evidence based practice of Neurologic Music Therapy. Her work includes a diverse range of clinical populations including stroke, Parkinson's disease, traumatic brain injury, cerebral palsy, Multiple Sclerosis, Alzheimer's disease, autism and psychiatric disorders. Dr. Hurt-Thaut was a research associate at The Center for Biomedical Research in Music at Colorado State University since 1997 and she co-founded Unkefer Academy for Neurologic Music Therapy International Training Institutes. She is currently an Associate Professor at the University of Toronto.

Participatory Arts and Dementia Care – Julian West



Professional musician (oboe) Julian West also works developing creative learning and participation projects for many organizations in England. Julian is head of Open Academy, the Royal Academy of Music's creative learning program, where he lectures on creative music leadership, and researches best practice. He has also been invited by the Wellcome Trust to take up the 2016-2018 residences in The Hub at the Wellcome Collection. This group includes scientists, artists, clinicians, public health experts and broadcasters, and will examine and challenge perceptions of dementia through scientific and creative experimentation.

WORKSHOPS

Music Therapy for Your Emotional Health – Jennifer Buchanan



Jennifer Buchanan founded her Calgary-based business, JB Music Therapy, at the age of 21. She is a highly regarded expert in the field of music therapy, and is a sought after speaker, presenter and author. Jennifer's presentation will be on the topic of music therapy and mental health.

Experiencing the harp and hand bells – Lois Samis Lund



Lois Samis Lund is musician-in-residence at Glenrose Rehabilitation Hospital in Edmonton. She has been an elementary school music specialist and music consultant, a bassoonist with Edmonton Symphony Orchestra and conductor of many choral groups and hand bell choirs. In her retirement, Lois has learned to play the Celtic harp and become a Certified Therapeutic Harp Practitioner. Her session will be hands-on for delegates to experience activities that have proven beneficial and practical in care situations, and discussion will be centres on the value of musical participation and it can be accomplished in fun and rewarding ways.

The Art of Letting Go: Music as a Tool for Loss – Nadia Chana



Nadia is a classical singer, and PhD candidate in ethnomusicology at The University of Chicago. Working with her at Music Care Conference is pianist Alyssa Paterson (Associate Director of musical creativity at the Edmonton Symphony Orchestra and Winspear Centre). Nadia and Alyssa will perform several pieces and lead participants through a portion of a workshop she's developed on how classical singers might lead people into feeling deeply, an act necessary for grieving and healing. Participants will learn about techniques to get closer to their grief, and to mobilize their skill sets in their practices.

WORKSHOPS CONT'D

Singing for Health and Well-being – Kim Denis



Kim Denis is known for her energy and enthusiasm both on stage and off. Kim is a sought after soloist, choral clinician and adjudicator for voice and choir. She is a singer with Pro Coro Canada, one of Canada's professional choirs. She has directed numerous church and community choirs, and musical theatre productions across the country. Presently she directs *Shumayela* with the Kokopelli Choir Association in Edmonton. Kim will lead a one hour singing experience that focuses on health and well-being.

Using Expressive Arts in Care – Sasha Campbell



Sasha Campbell studied music during her undergrad at the University of Alberta, and completed a Masters in Expressive Arts Therapy at the European Graduate School in Switzerland. Her workshop will introduce expressive arts therapy and its applications in working with a diverse population. The focus will be on the concept of low skill, high sensitivity – the idea that having a meaningful creative experience does not require specialized artistic training. Sasha will show ways of making the nurturing benefits of the arts accessible to everyone.

CONFERENCE PERFORMERS

Opening performance – Sherryl Sewepagaham



Sherryl Sewepagaham is a singer, hand drummer, music educator and music therapist from the Little Red River Cree Nation in Northern Alberta. Sherryl has been a member of the Aboriginal women's trio Asani for almost 20 years, coaches young singers, teaches cultural drum songs, composes for other people and productions, and has released her first solo album, *Splashing the Water Loudly*, in 2014. The album's songs and Cree lyrics expose her heart and activism for her people.

Closing keynote and performance – Sean McCann



As a founding member of Great Big Sea, Sean McCann shot to international fame, selling millions of albums and touring the globe. Sean believes music is meant to connect, heal and make people happy. It was – but for the audience, not him. He left the band to start over. His album *Help Your Self* helps him deal with his issues of addiction and abuse, and his presentations inspire others seeking light though the darkness.

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WHY NOT JOIN US AT MCC ALBERTA AND:

- Learn about **music and the arts** in health and wellness.
- Hear the many ways music **contributes to wellness** across Alberta, across Canada, and around the world.
- Learn more about **expressive arts therapy** – that having a meaningful creative experience does not require specialized artistic training.
- Hear about using music **as a tool for loss**.
- **Network** with fellow caregivers and music lovers from across Canada.
- Enjoy the spectacular **Winspear Theatre** in Edmonton, AB. The theatre is the home of the Tommy Banks Institute for Musical Creativity and the Edmonton Symphony.
- **Discover music care resources and ideas** YOU can use in caring for your clients and family.

#MCCAlberta2017

Click here to go to the Conference website!

Registration now open! \$149 Regular • \$89 Students & Seniors

Group rates of 5 or more available!

"[ICCER] provides a lot of excellent networking opportunities..."



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